



Lewisham NHS@Home Service

What is it?

- The opportunity to be monitored safely from within your own home, instead of in hospital.
- Using technology, provided by us, you will be monitored remotely between the hours of 08.00 & 18.00, 7 days a week, by our team of healthcare professionals.

Who is it for?

- You must be over 18.
- You must have a Lewisham GP and a Lewisham borough postcode.
- You can only be referred into this service by a clinician.

Why should I use it?

- You will be able to stay at home to recover with the help of our team of clinicians.
- It has been proven that recovery times are more efficient when patients are outside of a hospital setting.



What happens next..

A kit is delivered to your home address either on the same day (if requested before 15:00) or the following day.

You will be sent home to start your monitoring.

You will receive a phone call from us to talk through the equipment, how to use it and how to submit readings.

You will then be required to submit your first readings. Readings will be required once, twice or three times daily, which is determined by your clinician.

**The NHS@Home service operates Monday to Sunday
from 08:00 - 18:00.**

If you have any concerns during your time on the service or if any of the above mentioned steps do not occur, please contact us on **0203 929 4999**